



DONNA'S MESSAGE

26TH AUGUST 2021

NO. 18

Tune in to our Founder Donna Hubbard's regular messages here using the current member's password which is available from your Centre at the start of each month. Should you wish to respond to Donna's comments you can do so via email at donna@gymphobics.co.uk.

Hi Everyone,

Hard to believe that Schools will be going back in just a couple of weeks. Where did the summer go I wonder? We didn't see too much sun did we?

Anyway, we are gearing up for a very busy September as this is always the case once children return to school which gives many of our members more time to attend. I am delighted that most of our Centres are getting back to the numbers they had pre pandemic and I suspect that many non exercisers will now be more likely than ever to be planning to become more active.

If you know of any one who might be interested in coming to Gymphobics, please suggest that they get in touch. If ever there was a time to do so, then now is it as most of our Centres are now offering FREE MEMBERSHIP as an incentive to get started.

We thought that this would be the best incentive we could think of to encourage anyone thinking of a change in lifestyle. Free memberships vary in length from two weeks up to 12 months and all your friends have to do is visit your Centre and grab a voucher from the Voucher box at reception to find out how long their free membership will be.* It's a lot of fun of course and whether they get the 12 months or something shorter, it will be a great way to discover how Gymphobics can change their life for the better!

*Free memberships at participating Centres only.

And don't forget that when you introduce a new member we immediately knock £5 every month off your monthly fee. That lasts for 12 months, so you save a total of £60 as a thank you.

As you probably know, all our Centres are franchised which means they are all privately owned and managed by people with our aims in mind. Of course we support and train them and now we are out of lockdown we plan to open many more Centres around the UK. So if you or someone you know is interested in becoming an Owner, please get in touch. The more Centres we get open, the more ladies we can help to achieve life changing benefits.

I will be visiting your Centre soon to chat to staff and members so perhaps we will meet up!

Kind regards

Danna X